



Marriage Resources



Flame Ideas:

- **DVDs** – Many DVDs on marriage issues are now available at reasonable cost. DVD examples that have been used or have potential for Flames.
 - + The Art of Communication by Gary Smalley and sons (3 hours) (3 sessions could break up into 6 sessions possibly).
 - + Laugh Your Way To A Better Marriage by Mark Gungor includes the following (some can be purchased individually):
 - Tale of Two Brains – Why Does He/She Do That - #1 Key to Incredible Sex – How to Stay Married and Not Kill Anybody (4 DVD set many Flame meetings potential)
 - + Staying in Love by Andy Stanley (4 sessions 110 minutes total)
 - + Your Time Starved Marriage by Les & Leslie Parrott (6 sessions about 15 minutes each run time).
 - + Love Talk by Les & Leslie Parrott (6 sessions 82 minutes total)
 - + I Love You More by Les & Leslie Parrott (8 sessions)
 - + The Five Love Languages by Gary Chapman
 - + Fireproof Love Dare (session series)
 - + Who Did You Really Marry? by Focus on the Family (6 sessions)
 - + Handle With Care by Focus on the Family
 - + Love & War by John & Stasi Eldredge
 - + Dr. Kevin Leman has a number of marriage DVD's available some tend to be more expensive than others listed above.
 - + Adam Hamilton, Making Love Last a Lifetime DVD and participant's books

Marriage Class:

- The Marriage Course By Alpha (7 sessions about 2 hours each done once per week for 7 weeks. Cost is expensive for DVD's and workbooks.
- The Five Love Languages (DVD from above) by Gary Chapman (done in one session takes 4 to 6 hours will need to order workbooks)

Relationship Programs for Adult Sunday School Classes:

- Any of the Les & Leslie Parrott DVD's work well in a 45min. – 1 hr. time frame. See above for titles.
- *Staying in Love* by Andy Stanley (4 sessions) should work well and appeal to the mid 20's – 30's group as well as older. He is a younger pastor and uses many ME concepts.